

GIFT VOUCHERS

Gift vouchers are available in monetary or treatment format from the spa reception or alternatively visit handpickedhotels.co.uk

TERMS & CONDITIONS

Please visit handpickedhotels.co.uk for further information on:

- Hand Picked Spa booking terms and conditions
- Opening and closing times
- How to book and methods of payment
- Cancellation policy
- Health guidelines

All prices include VAT at 20% and may be subject to change.

Nutfield Priory Hotel & Spa

Nutfield
Surrey
RH1 4EL

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F 0845 072 7486
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Central Reservations

0845 458 0904* or 01642 706606

handpickedhotels.co.uk

*calls cost 5p per minute plus your provider's access charge

*Hand*PICKED
HOTELS
BUILT FOR PLEASURE

NUTFIELD PRIORY HOTEL & SPA

SPA EXPERIENCES PRICE LIST





NUTFIELD PRIORY HOTEL & SPA EXPERIENCES...

MAKE THE MOST OF YOUR VALUABLE ME-TIME WITH ONE OF OUR SPA EXPERIENCES. THE ULTIMATE IN INDULGENCE, THEY COMBINE THE RELAXATION AND WELLBEING OF THE SPA WITH THE ELEGANCE OF OUR HOTEL AND RESTAURANT.

We have created a range of experiences offering a variety of treatments including luxury facials, reviving wraps and relaxing massages. Opt for a Day Spa Experience and enjoy a two-course spa lunch and full use of the health club and spa facilities, including the swimming pool, spa pool, steam room, sauna, a fully equipped gym and squash courts. For your comfort we provide towels, robes and slippers. You may find it hard to leave and with our Residential Spa Escapes you don't have to. Residential Spa Escapes include all the benefits of our Day Spa Experiences plus an overnight stay and breakfast the next day.

Alternatively why not create your own dream escape with your choice of treatments, and if you so desire, Champagne afternoon tea and a private evening meal. You deserve nothing less.

Bed and breakfast:
From £174 per night*

Bed, breakfast and dinner:
From £238 per night*

*Based on double occupancy

For further Residential Spa Experience offers please visit handpickedhotels.co.uk/nutfieldpriority and click on Spa or call 0845 458 0904 or 01642 706 634

RESIDENTIAL SPA ESCAPES

Classic Spa Break

Make the most of your stay with two 25 minute express treatments each, plus a three-course dinner and breakfast in Cloisters restaurant.

Choose **two** from:

- Back, neck and shoulder massage
- Express facial
- Tired eye treatment
- Full body scrub
- Shape and polish for fingers **or** toes

Monday to Sunday from £353 per night*
(£176.50 per person)

Rebalancing Spa Break

Enjoy a one night stay including breakfast, plus **one** of the following 55 minute treatments each:

- Face and body combo
- Body combo
- Face and eye combo
- Full body massage
- Luxury facial
- Classic pedicure
- Luxury manicure

Monday to Sunday from £275 per night*
(£137.50 per person)

*Based on two people sharing. Single occupancy supplements apply

DAY SPA EXPERIENCES

Escape

A full day of treatments to completely pamper you from top to toe, enjoy **all** of the following:

- Full body scrub
- Full body massage
- Luxury facial
- Luxury manicure

Plus, a two-course spa lunch

Monday to Thursday - 3 hrs 10 mins - £220

Friday to Sunday - 3 hrs 10 mins - £252

Refresh and Revive

Sample all the benefits the Spa has to offer. Choose **two** 25 minute treatments from:

- Back, neck and shoulder massage
- Express facial
- Tired eye treatment
- Full body scrub

Plus:

- Shape and polish for fingers or toes
- Two-course spa lunch

Monday to Thursday - 1hr 15 mins - £125

Friday to Sunday - 1hr 15 mins - £139

Perfect Solution

The perfect combination for mind, body and soul. The choice is yours; choose from either:

- Full body massage **and** express facial

or

- Luxury facial **and** back, neck and shoulder massage

Plus, a two-course spa lunch

Monday to Thursday - 1hr 20 mins - £120

Friday to Sunday - 1hr 20 mins - £145

Selection

A fantastic way to totally relax and unwind. Choose **two** of the following 25 minute treatments:

- Back, neck and shoulder massage
- Express facial
- Tired eye treatment
- Full body scrub
- Shape and polish for finger or toes

Plus, a two-course spa lunch

Monday to Thursday - 50 mins - £99

Friday to Sunday - 50 mins - £110

Tailor Made - Just for you

Create your very own Spa Day Experience by selecting the treatments of your choice from our brochure to the value of £80 plus the choice of **one** of the following:

- Two-course spa lunch (available 12 - 2pm)
- Elevenses (available 11am - 4pm)
- Afternoon tea (available 3pm - 5pm)

Monday to Sunday - £99

Classic Mother to Be Spa Day

Take some time out and enjoy **one** 55 minute treatment from:

- Pregnancy Massage
- Pregnancy Facial
- Pregnancy Pedicure

Plus, a two-course spa lunch or afternoon tea or elevenses

Monday to Thursday - 55 mins - £85

Friday to Sunday - 55 mins - £95

Hen Party/Celebrations Spa Day

Get together and celebrate with **one** of the following 25 minute treatments each:

- Back, neck and shoulder massage
- Express facial
- Tired eye treatment
- Full body scrub

Plus:

- Shape and polish for fingers or toes
- Cream tea

When a group of 6+ spa days are booked together, the 6th person will enjoy their day for free.

Monday to Thursday - 50 mins - £85 per person

Friday to Sunday - 50 mins - £89 per person

Indulgent Afternoon Tea Spa Day for Two

Relax with a loved one by choosing **one** of the following 55 minute treatments each:

- Face and body combo
- Body combo
- Face and eye combo
- Full body massage
- Luxury facial
- Classic pedicure
- Luxury manicure
- Fingers and toes combo

Plus, afternoon tea or elevenses.

Monday to Thursday - 55 mins - £155 for two

Friday to Sunday - 55 mins - £179 for two

Be Inspired Spa Day

Rejuvenate with the choice of **one** of the following 55 minute combo treatments:

- Face and body combo
- Body combo
- Face and eye combo

Monday to Thursday - 55 mins - £75

Friday to Sunday - 55 mins - £85

Afternoon Tea/Elevenses for Two

Simply relax with someone special. Enjoy **one** of the following 25 minute treatments each:

- Back, neck and shoulder massage
- Express facial
- Tired eye treatment
- Full body scrub
- Shape and polish for fingers or toes

Plus, afternoon tea or elevenses.

Monday to Thursday - 25 mins - £125 for two

Personalised

Tailor-make your very own Day Spa Experience by selecting a minimum of 1 hr 15 mins treatment time from the brochure. This day includes a two-course spa lunch plus full use of the health club and spa facilities. For your comfort we provide towels, robes and slippers.

£25 supplement plus the combined cost of your chosen treatments.

FACE

Elemis Face & Body Sensation

Experience the perfect Elemis treatment duo.

A sensational massage combined with prescribed booster anti-ageing facial. Choose from the unique Re-Energiser, an 'ice-cool thermal' massage to relieve stress tension and ease aching muscles, **OR** Tranquillity, a 'thermal-soothing' hot stone massage to induce a deep level of relaxation and calm your mind. You will then be treated to your intensive booster anti-ageing facial, designed to smooth out wrinkles and restore youthful radiance:

Choose one of the following:

- Pro Collagen Quartz Booster Facial
- Tri Enzyme Resurfacing Booster Facial
- Skin Radiance Booster Facial
- Skin IQ Men's Booster Facial

55 mins - £75

ELEMIS BIOTEC FACIALS

The Elemis BIOTEC facial works in perfect synergy with the skin's natural bio-electric field and delivers seven unique, clinically proven facials for every skin type. Powered by five treatment technologies, each one provides powerful and measurable results. Our therapists will analyse your skin and recommend one of the following treatments.

Triple-tec Anti-Wrinkle Facial

The ultimate wrinkle-smoothing facial to rejuvenate ageing skin.

55 mins - £75

25 mins - £49

Micro Firm-a-Lift Facial

Super-lift facial to help firm and tighten cheeks, neck and jaw line.

55 mins - £75

25 mins - £49

Sonic Skin-Resurfacing Facial

Revolutionary resurfacing facial to even skin tone, reduce blemish marks and smooth fine lines.

55 mins - £75

25 mins - £49

Sonic Skin-Radiance Facial

Radiance-boosting, bio-electric facial to energise tired, dull and stressed skin.

55 mins - £75

25 mins - £49

L.E.D. Blemish Control Facial

Deep cleansing, light therapy facial to visibly clear and re-balance oily, blemish prone skin.

55 mins - £75

25 mins - £49

Super-Charge Facial for Men

High performance facial for men to de-grease, de-age and calm a stressed, dehydrated skin.

55 mins - £75

25 mins - £49

ADVANCED ANTI-AGEING FACIALS

Elemis Pro-Collagen Quartz Lift Facial

Anti-wrinkle facial with proven results.

This exceptional anti-wrinkle facial has been independently tested, with phenomenal results. Clinically proven, after just one treatment, this facial reduces the number of wrinkles by up to 94%* and improves skin firmness by up to 57%*.

*Independent clinical trials 2007.

1 hr 10 mins - £82

40 mins - £59

Elemis Visible Brilliance Facial

To combat ageing, stressed and slackened skin.

Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps skin whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61%* and elasticity by 40%* after just one treatment.

*Independent clinical trials 2004.

1 hr 10 mins - £82

40 mins - £59

Elemis Pro-Intense Lift Facial

Super lifting facial with visible results after one treatment.

Powerful lifting techniques target sagging jowls, cheeks, chin and neck, whilst helping to reduce puffiness and fluid retention associated with sagging skin along the jaw line.

55 mins - £75

Elemis Tri-Enzyme Resurfacing Facial

Peel away the years for smoother, more radiant skin.

This ground breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75%* and increase skin smoothness by up to 32%* after just 1 treatment, this unique facial targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin.

*Independent clinical trials 2006.

55 mins - £75

40 mins - £59

Elemis Express Facial

This introductory facial provides a quick and instant pick me up for any occasion.

25 mins - £47

ELEMIS SKIN SOLUTIONS FACIAL

Elemis Modern Skin Facial

Designed for skin challenged by modern living.

Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins, regenerate skin cells and rebalance sebum. The results: remineralised, rebalanced and renewed skin.

55 mins - £75

ELEMIS SKIN SPECIFIC FACIALS

Elemis Fruit Active Glow Facial

Bring back the glow to a lifeless complexion.

Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance.

55 mins - £67

Elemis Exotic Moisture Dew Facial

Treat your skin to a moisture boost.

Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin.

55 mins - £67

Elemis Herbal Lavender Repair Facial

For the perfect restoration of skin balance.

Deep cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

55 mins - £67

HOT STONES

Elemis Aroma Stone Therapy

Warm stones to melt away tension

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

1 hr 10 mins - £85

MASSAGE

Elemis Deep Tissue Muscle Massage

Deep rhythmic pressure massage

Alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Dynamic blends of essential oils are prescribed to target individual needs and reduce specific stress and muscle tension.

Choose from:

- Stress-a-Way: Wind down and release the tension of the day
- Spirit Reviver: A powerful surge to invigorate and recharge
- Muscle Melt: Relax and re-energise a tired and aching body
- Chakra Balancing: Reconnect your mind, body and soul

55 mins - £72

Traditional Full Body Massage

A full body massage designed to ease tension, relieve stress and promote a general state of well being using nourishing oil.

55 mins - £68

Elemis Deep Tissue Back Massage

Minimum time, maximum tension-relieving results

Specifically targeting the back, shoulders and neck areas, where you need it most, using a dynamic blend of essential oils.

25 mins - £47

Add a hot stone upgrade to your massage

15 mins - £15

BODY

Elemis Musclease AromaSpa Ocean Wrap

Powerful seaweed wrap for complete muscle relaxation

Drift away whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment.

1 hr 10 mins - £80

Elemis Cellutox AromaSpa Ocean Wrap

A deeply detoxifying blend to decongest and stimulate the system.

Let thoughts drift away whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment. Combining the richness of sea plants and marine algae, this therapy helps reduce the appearance of cellulite and relieve the discomfort of fluid retention. The body is re-energised and skin is left silky soft and smooth.

1 hr 10 mins - £80

Elemis Body Sculpting Cellulite and Colon Therapy

Redefine and smooth your silhouette

Using the new clinically proven Elemis Body Sculpting system, your silhouette will be redefined. The Body Sculpting Lipo-Refining Serum and Body Sculpting Firming Cream target stubborn cellulite and sagging skin, for visible, rapid results. A Detoxifying Body Mask is applied and combined with specialist massage techniques to deeply cleanse the body's systems, helping firm and smooth skin, stimulate circulation and reduce fluid retention. Cleansing of the colon through abdominal massage helps detoxify the body, working from the inside out.

55 mins - £75

Elemis Exotic Coconut Rub and Milk Ritual Wrap

Pure sensuality to enliven the senses.

Warmed Elemis Skin Nourishing Milk Bath is poured all over the **body** before being cocooned in a comforting foil wrap. This opulent exotic therapy is excellent for skin smoothing and softening, all combined with a pressure point facial massage and de-stress scalp treatment.

40 mins - £59

Elemis Exotic Frangipani Body Nourish Wrap

For immediate softness and suppleness.

Aromatic Tahitian coconut and Frangipani flowers are soaked together to produce the monoi which is poured all over the body and then cocooned in a nourishing foil wrap. Drenching the skin with moisture, this exotic therapy provides ultimate radiance, vitality and all over body glow.

40 mins - £59

Elemis Exotic Lime and Ginger Salt Glow

Invigorated, cleansed and polished to perfection

A body exfoliation ritual to invigorate and revitalise. After light body brushing, warm oil is drizzled luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.

40 mins - £59

SPECIALITY

Lava Shell Full Body Massage

The Lava Shells massage uses shells which have a smooth side to give both deep pressure and a soothing effect. The heat can also be used on problem areas to release muscle tension and soreness and to promote relaxation of the fascia layers that connect muscles to the rest of the body.

55 mins - £75

Tanning

A full body exfoliation helps to remove dry skin before a full body application of tan which works well with the melanin in the skin to give each individual their perfect tan.

Please note - a patch test must be completed at least 24 hours prior to your treatment.

55 mins - £50

Indian Head Massage

A concentrated massage focusing on head, neck and shoulders. Both relaxing and regenerating.

25 mins - £47

Moroccan Oil Scalp Massage.

A deeply relaxing scalp massage to help relieve tension. The unique formula rich in antioxidant argan oil, revitalises the hair and corrects signs of imbalances of the scalp.

25 mins - £47

FOR MEN

Elemis Total Time Out

The ultimate skin and body therapy for men

Combine Anti-ageing Elemis Skin IQ+ Facial with the dynamic and immediate tension-relief of the prescribed Elemis Deep Tissue Muscle Massage. Achieve the ultimate goal of Total Time Out.

1 hr 55 mins - £120

Elemis Skin IQ Facial

Anti-ageing booster for tired, stressed skin

Charged with the clinically proven*, anti-ageing Time Defence Wrinkle Delay and Time Defence Eye Reviver, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing results.

*Independent clinical trials 2007.

1 hr 10 mins - £82

Elemis Deluxe Traditional Wet Shave Experience

The ultimate wet shave experience for a gentleman.

Indulgent wet shave using an open razor with scented hot towels, facial cleansing, exfoliation and a mask.

45 mins - £45

Men's Hand and Nail Treatment

Manicure including gentle exfoliation and therapeutic massage using a deeply nourishing infused oil and an envelopment of a moisturising mask to soften and restore.

25 mins - £36

Men's Foot and Nail Treatment

Pedicure including gentle skin softening exfoliation and a relaxing massage using a deeply nourishing infused oil and an envelopment of a moisturising mask to ease aches and pains and condition the skin, leaving the feet soft and smooth.

25 mins - £36

Elemis Express Wet Shave Experience

Once over shave for the man on the move.

Designed exclusively for Elemis by Richard Anthony, Male Grooming Consultant. Wet shave using a T bar razor with hot towels and a facial cleanse.

15 mins - £15

PREGNANCY

Elemis Nurturing Massage for Mother-to-Be

Massage adapted to each stage of pregnancy

This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Specialised positioning on the unique Elemis beanbag is used to ensure the ultimate in safety, comfort and relaxation.

Helping to relieve tension in the back and alleviating swelling in the hands and feet, while easing the mind and uplifting the spirit. Suitable from 13 weeks onwards.

1 hr 10 mins - £82

Elemis Facials

All Elemis Facials are suitable for mothers to be from 13 weeks onwards.



HANDS & FEET

Luxury Pedicure with Booties

A deluxe pedicure with thermal booties for deeper penetration of oils and creams. Helping to soften cuticles, improve circulation and soothe stiff joints. This treatment includes a mini varnish to take home.

1 hr 10 mins - £62

Luxury Manicure with Mittens

A deluxe manicure with thermal mittens for deeper penetration of oils and creams. Helping to soften cuticles improve circulation and soothe stiff joints. This treatment includes a mini varnish to take home.

55 mins - £55

Classic Pedicure	55 mins - £55
Classic Manicure	40 mins - £45
Shape and Polish for Fingers or Toes	25 mins - £25

Please note - all hand and foot treatments will be carried out at the manicure/pedicure stations. Please bring open-toe shoes to wear after pedicures.

MAKE-UP

Wedding Make-up	55 mins - £62
Wedding Make-up Trial	55 mins - £46
Make-up Tuition	55 mins - £46
Make-up Application	25 mins - £36

EYES

Eyelash Tint	25 mins - £20
Eyebrow Tint	10 mins - £15
Eyebrow Shape	10 mins - £12

Please note - a patch test must be completed at least 24 hours prior to your treatment.

GEL NAILS

The next generation in manicure and pedicure. A gel formula that is painted onto the nails giving strength, protection and long lasting colour.

Removal and GELeration Gel Overlay manicure	70 mins - £65
Removal and Pedicure with GELeration	70 mins - £65
Removal and Reviver Manicure (no Gel)	70 mins - £60
Removal and Reviver Pedicure (no gel)	120 mins £60
Pedicure with GELeration	55 mins - £58
GELeration Refresh Pedicure with Coloured Gel	55 mins - £55
Deluxe GELeration Gel Overlay Manicure	55 mins - £55
GELeration Gel Overlay Manicure	40 mins - £48
GELeration Refresh Manicure with Coloured Gel	40 mins - £40

WAXING

Full Leg Wax	40 mins - £37
Back or Chest Wax	25 mins - £26
Half Leg Wax	25 mins - £24
Holiday Bikini Wax	25 mins - £20
Bikini Wax	10 mins - £16
Lip and Chin Wax	15 mins - £16
Underarm Wax	10 mins - £14
Lip Wax	10 mins - £12

Please note - no heat treatments to be used 24 hours before or after waxing.